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LOOKING YOUR BEST

Restore your inner confidence at Facial Aesthetics, where a customised treatment plan and holistic approach will be developed for your specific skin needs, says **Emma Palmer**



‘When you entrust something as precious as your face to someone, you’ll want to know that you’re in the best, safest hands!’

American glamour-puss and notable wit Mae West said: “You’re never too old to become younger.” Yep, we hear that! We can’t beat Mother Nature, but we can cheat her sometimes, especially when it comes to our skin.

Skincare specialist Julie Scott knows this all too well. Julie runs Facial Aesthetics – a discreet, patient focused clinic in Rivenhall, Essex, which provides non-invasive treatments in a safe medically led environment.

“We aim to demystify cosmetic treatments and balance it with subtle holistic approach to improve overall skin health,” said Julie, who is an RGN clinical nurse specialist with a background in reconstructive surgery and over 25 years cosmetic skin ageing experience.

“We provide a ‘boutique clinic’, that is a safe, peaceful and tranquil environment set in picturesque surroundings.”

Julie says that for many women, skin problems can be more than just an annoyance but can actually take over their lives.

“A few years ago, Garnier PureActive conducted a study on UK women and



found that more than half felt that their skin problems held them back in some way, with 13 per cent stating that it makes them reclusive.

“At Facial Aesthetics we provide a tailored bespoke treatment plan. We don’t believe in one size fits all. All treatments are skin enhancing and our subtle skin enhancements keep everyone guessing why you look so well. When you entrust something as precious as your face to someone, you’ll want to know that you’re in the best, safest hands!

“Understanding a client’s emotional concerns and also their underlying skin disease is one of the fundamental

requirements for any skin specialist consultation. In the quest for more radiant, youthful and healthy skin, knowledge is an invaluable tool. The more I know about your skin, the better I’ll be able to prescribe the right treatment.”

Julie and her team offer a multitude of skin rejuvenation treatments and procedures within the clinic’s beautiful rural setting and have a number of treatments to help women feel their best this season.

“We are seeing amazing results with our course of HydraFacial medical facials. This medical-led facial deeply hydrates the skin and is the first step to restored skin health. The deep exfoliation removes dead skin cells, followed by super hydrating serums being pumped back in, then your skin is bathed in a healing red LED light, you and your skin will leave the clinic radiating.

“Another skin boosting treatment for spring is the bio-remodelling power of Prophilos – you can reduce signs of ageing with this injectable hyaluronic acid that hydrates and boosts elastin and collagen production.”

facialaesthetics.co.uk